



## Exploring the Impact of Internalised Ageism in Arts & Wellbeing Services

### Shared links

- [Age Without Limits](#) – Centre for Ageing Better campaign
- [AHN Education and Training](#) – Intergenerational Training Courses & Qualifications
- [Better Birthdays](#) – anti-ageism campaign
- [Beyondhood](#) – podcast sharing older people’s lived experiences
- [Canopy](#) – a social imagination project
- Internalised Ageism – [social media examples](#)
- [NAPA activities](#) - National Activity Providers Association
- [Oxfordshire Age Friendly Creative Network](#) – Lived Experience group
- [Scoping Review on Ageism against Younger Populations](#) – National Institutes of Health
- [Shifting How We View the Ageing Process](#) - The Sciences of Ageing and the Culture of Youth policy report
- [United Across the Generations](#) - anti-ageism campaign
- [The Double Standard of Aging](#) – Susan Sontag
- [The State of Ageing 2023-24 \(Society chapter\)](#) – Centre for Ageing Better
- [Towards an Age Friendly London: Evidence base](#) – Mayor of London – London Assembly