

To build a lasting beneficial relationship between young and older people

To encourage older people to understand and respect young people in the community

To enable our organisation to build links with the community

To help individuals be more confident in social situations and find new ways of communicating with people they don't know well

To have fun

To celebrate skills and strengths of older and younger people

To give older people a chance to pass on skills and knowledge to younger people.

To encourage young people to understand and respect older people in the community

To create an artwork, book, film etc which people can enjoy for a long time

First Break Out Group: Motivations

To bring a change of pace and energy to our regular programme of activities

To get young and older people to work together on an issue or development in their area, which affects them equally

To give our staff new ways of working with the clients, pupils or members

To give young people a chance to pass on skills and knowledge to older people

Second Break Out: Magic Me Principles

1. Everyone has a past, a present, a future and an imagination.

2. Everyone both gives and receives, gains from others' points of view

3. Relationship building is conscious, not accidental.

4. Younger and older people come together as equal partners with a common purpose.

5. We are all ageing, not just those whom society labels 'old'